



Stratford Hall, 1966-2003

As many of you know from the front page article in the *George-Anne*, Stratford Hall will close at the end of this semester to make way for improvements needed to build the next residential hall complex, Eagle Village. It is scheduled to open in Fall 2005. Plans have been in the works for some time, although initially, Stratford was to remain open until the end of spring semester. Recent requirements have forced this earlier closure. University Housing is working to mitigate the effects of this change for Stratford residents by giving them the option to 1) move to other spaces on campus and pay their (often lower) Stratford rate; or, 2) cancel their housing contract entirely, without financial penalty.



What does this mean to residents of other halls? There are several open spaces presently in the residence hall system. It is highly likely that these will fill for the spring semester with displaced Stratford residents. If you are currently in a room without a roommate, you should expect to get one. You may also want to seriously consider "consolidating" by rooming with someone you already know. Consolidation is only available to students who live in the same building at this time. To consolidate, go by your hall office Thursday, November 13, 7-10 p.m.

Native American Festival



Monday, Nov. 10 - Friday, Nov. 14

Art Exhibit: Lithographic Monotypes by
Melanie Yazzie, Native American Artist,
Foy Building, Gallery 303

Monday, Nov. 10

"American History Activism: From Pontiac to
Russell Means," Dr. Alan Downs presenting,
Russell Union, Room 2080, 10 a.m.-11 a.m.
Piscataway Nation Singer & Dancers, Russell Union
Rotunda, 12:30-1:45 p.m.

Tuesday, Nov. 11

Meet the Artists: Native Trails, Russell Union
Rotunda, Noon-1:00 p.m.
"Thoughts Like a Bullet: Perspectives on Native
American Life," Union Room 2048,
Mr. Ron Colombe, American Indian Poet
presenting

Saturday, Nov. 15

Community Festival, Sweetheart Circle,
10 a.m.-4 p.m. (free admission)



Become a MAP Sponsor!

MAP Sponsor applications are now available in the Multicultural Student Center. If you have a 2.5 GPA, are involved on campus and have a strong desire to serve the student body, please stop by and pick one up. Deadline to turn in applications is November 21.

Holiday Helpers

Would you like to make someone's holidays happier? You are invited to be a Georgia Southern Holiday Helper. A "Holiday Helper Tree" was erected in Lakeside Café on November 1st and is adorned with paper cut-outs. Each cut-out has a gift suggestion for a needy family or individual. You may stop by the tree between 9 a.m. and 3 p.m. and ask an attending volunteer to assist you with selecting a cut-out from the tree. Return the gift to the tree by Wednesday, December 3. You may wrap your gifts if you would like.



Career Corner

Planning for Graduate School is a career step that many people decide to take. Many graduate programs have February or March deadlines for admission the following fall, and some are even earlier. Generally, the more competitive the program, the earlier you need to submit all application materials. Be sure to contact each school well in advance to determine when application deadlines are. Career Services and the Office of Graduate Studies are sponsoring a **Graduate School Fair on Tuesday, November 11, 9 a.m.—1 p.m. in the Union Ballroom.** Representatives from Georgia Southern and other universities will be available to answer your questions regarding their graduate programs. Please visit the Career Services website at <http://studentgeorgiasouthern.edu/career> or call 681-5197 for more information.



Spotlight on . . . Dr. Melissa Lickteig



Dr. Melissa Lickteig is an instructor in the School of Nursing. She teaches Mental Health Nursing in both the classroom and in clinical settings. Dr. Lickteig has been at Georgia Southern since 1998. Dr. Lickteig received her Bachelor of Nursing from Harding University in Searcy, Arkansas and her Master of Nursing with emphases in mental health nursing and nursing education from the University of Central Arkansas. She earned her doctorate in Education right here at Georgia Southern in Curriculum Theory. When asked what inspired her to choose a career in teaching, Dr. Lickteig replies, "I could never get bored doing what I do. That's one reason I like teaching so much; I learn from students all the time. They challenge me to stay sharp. I also get a good sense of purpose in playing a part in students' achieving their goals. Although they ultimately are the ones who deserve the credit, the biggest reward is knowing that what I have done affects someone else's growth."

In her spare time, she likes golfing, shopping, traveling, and spending long days at the beach. Her advice to students is to "keep balanced," and by that she means "work hard when you work. What you do here has a lot to do with where your life will go. You have the talent to make your life good. Keep your priorities straight, keep your integrity, and learn something about yourself every day."

Out and About Campus

Monday, November 10

Movie: *Girl on the Bridge*, Russell Union Theatre, 7:15 p.m. (\$2 Admission)



Tuesday, November 11

National French Week (cont.): French Buffet, Landrum Cafeteria, (cost is included in meal plan)

"Sister Republics and Sibling Rivalry," Dr. Charles Crouch of Department of History and Dr. David Seaman of Department of Foreign Languages presenting. Russell Union, Room 2047, 4 p.m.

MAP presents Pizza and Politics, Russell Union Commons, 6-8 p.m.

8 Tips for Memorization

1. Memorize when you're rested; it simply doesn't work if you're tired
2. Begin with broad categories; master them first, then move on to main points and finally details.
3. Repeat and recite out loud. Recopy your notes.
4. Spread out your memorization. Short periods are more effective than marathon study sessions.
5. Break down lists into small manageable categories and sub-categories.
6. Relate new material to familiar ideas and previous knowledge.
7. Use mnemonic devices when appropriate ("My very educated mother just served us nine pizzas." Nonsense? No! It's the order of the planets from the sun!)
8. Use spare moments (when you're in the shower, waiting in line, walking to class) to review and quiz yourself.



In the Halls . . .



Monday, Nov. 10

Turn Your Rags to Riches, Kennedy MPR, 7:30 p.m.

Harry Potter Part I of a three-part series, featuring the movie *Harry Potter and the Sorcerer's Stone*, Bill Pickett facilitating, Pines Clubhouse, 7 p.m.

Tuesday, Nov. 11

Microwave Meals, Stratford, 7 p.m.

Floetic: Open Mic, Courtyard Clubhouse, 9 p.m.

Wednesday, Nov. 12

Tours, Stratford Breezeway, 5 p.m.

Come Drink With Your RAs!, Brannen, 8 p.m.

Thursday, Nov. 13

Breast Cancer & Beyond: Reducing the Risk, Kennedy MPR, 7 p.m.

Effective Resume Writing, Southern Pines Clubhouse, 7 p.m.

Pyramid, Brannen, 9 p.m.

Tips to Quit Smoking

- Pay attention to your triggers
- Get support from friends
- Pick a day to quit
- Drink plenty of fluids
- Take up a hobby
- Remember physical withdrawal symptoms last about two weeks
- Give yourself a reward for not smoking



Source: *LifeSign Smoking Cessation Program*
For more information, contact the Health Education Office at 871-1732 or visit Health Services website at www.GeorgiaSouthern.edu/health.