Description: The study of physiological and functional adaptations to movement. The major is broad based and includes general study in biology, chemistry, biochemistry, anatomy and physiology, kinesiology, exercise physiology, and fitness programming. The major in exercise science will prepare students for employment in fitness centers, research laboratories, or as exercise technicians in cardiac rehabilitation centers. The curriculum provides an excellent foundation for those interested in pursuing graduate degrees in movement based fields, as well as for those wishing to pursue a professional degree in medicine or in the rehabilitation sciences such as Physical or Occupational Therapy.

GPA Requirement: 2.0

College: College of Health and Human Sciences

Department Website: Department of Health & Kinesiology
http://chhs.georgiasouthern.edu/hk/

Degree(s) Offered: Bachelor of Science in Kinesiology in Exercise Science
Master of Science in Kinesiology in Exercise Science

Job Titles:
- Exercise Physiologists
- Cardiac Rehabilitation*
- Corporate Fitness
- Private/Commercial Fitness
- Industrial Fitness
- Personal Trainer
- Hospital Wellness
- Research
- Physical Therapist*

*Requires additional schooling, training and/or certification.

**For more detailed information regarding typical duties, salary, training, etc please look at the Occupational Outlook Handbook online at http://www.bls.gov/OCO/ or review the Chronicle Career Library CD-Rom available on-line or in the Career Resource Center.

Possible Employment Settings:
- Hospitals
- Colleges/Universities
- Fitness Facilities
- YMCA/Community Centers
- Professional sports teams
- Resorts
- Clinics
Internet Resources:
- American College of Sports Medicine  http://www.acsm.org/
- Pediatric Exercise Science  http://www.humankinetics.com/PES/journalAbout.cfm
- Fitness Jobs  http://www.fitnessjobs.com/

Professional Organizations:
- Medical Fitness Association  http://www.medicalfitness.org/
- National Athletic Trainer’s Association  http://www.nata.org/

GSU Student Organizations:
- Exercise Science Club

Resources for salary information:
- FOCUS 2 Career:  tiny.cc/gsufocus