

# GSU 1210

## Past Actions and Influences

Fill in each blank carefully and honestly. Be true to yourself; don't try to please anyone else with your answers.

A. I am proud that

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B. One thing I can do now that I couldn't do a few years ago is

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C. Name the person you most admire. This person can be living, historical, or fictional. Write down the specific characteristics that you admire in this person (e.g., smart, famous, rich, loving, generous).

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D. Name a person who is like you, and describe this person.

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E. In the last two weeks, what activities or people gave you a feeling of being energized?

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F. What have you always wanted to do in your life? What's keeping you from doing it? What action could you take in the next year to get closer to this goal?

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G. What negative habit have you successfully changed?

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H. What three words would you like others to use in describing you?

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